

TOASTED SANDWICHES

Served with a salad garnish and homemade coleslaw.
All toasted sandwiches are mixed thick white and granary bread
- gluten free bread available

Add fries 2.40 twisters 2.60 sweet potato fries 3.05

Honey roast ham with cheddar cheese, and vine tomato 9.35

Moroccan vegetable, brie and pesto (V) 9.35

Chicken with french brie, streaky bacon and cranberry sauce 9.95

Goats cheese with caramelised onion (V) 9.55

Mozzarella, tomatoes and pesto toastie (V) 9.25

Cumberland sausage with red onion and stilton 10.25

FRESHLY MADE SANDWICHES

Served on our finest thick cut white, granary or french bread with a salad garnish and homemade coleslaw. Gluten free bread available

Add fries 2.40 twisters 2.60 sweet potato fries 3.05

Fresh prawns with homemade marie rose sauce and iceberg lettuce 10.95

Add avocado 2.20

Roast chicken, sage and onion stuffing and mayonnaise 9.90

Free range egg mayonnaise, cress and cherry tomato (V) 8.90

Add streaky bacon 1.60

French brie with tomato and fresh basil (V) 9.35

Super club, chicken, streaky bacon, salad and mayonnaise 10.25

Tuna mayonnaise and sweetcorn 9.25

Chicken, streaky bacon, avocado, pesto and mayonnaise 10.25

Roasted chicken breast with cashew nuts and mayonnaise 10.10

Chicken Caesar, streaky bacon with iceberg lettuce 9.95

Finest locally sourced flaky smoked salmon with cream cheese and cucumber 11.30

Locally sourced smoked salmon and prawn with mixed leaves and lemon and dill mayonnaise 11.95

Ham or Cheese salad 8.40

Maldon's favourite bacon sandwich 6.95

Maldon's favourite Cumberland sausage sandwich 6.95

EXTRAS

Large bowl of fries 5.25

Large bowl of twister fries 5.50

Large bowl of sweet potato fries 5.95

Add cheese to any fries 1.60

Mixed salad 4.10

Marinated olives 4.20

French bread 1.50

Homemade coleslaw 3.25
(available to take away)

HOMEMADE BAKERY TREATS

From 4.95 per slice

Take away option from 4.95 per slice

Tart slice 4.95

Brownie 4.95

Supreme millionaire shortbread 4.80

Cheesecakes 6.50
(Available on selected dates)

Famous cheese scones 4.35

Large toasted tea cake 3.25

Belgian waffles with Rossi ice cream and maple syrup 6.85

Fruit scone and butter 4.15

Fruit scone, clotted cream and jam 5.50

Danish pastries available daily

All jams are Tiptree Wilkin & Son's

VEGAN OPTIONS

Chocolate Vegan Cake 4.50

GLUTEN FREE OPTIONS

Carrot Cake 4.50

Cappuccino Cake 4.50

Chocolate Cake 4.50

CUSTOM MADE CAKES

See something you like in our display today? We also take custom made orders. Just order by messaging us on Facebook or talk to a member of staff

Please be aware that items prepared in our bakery may contain traces of nuts



TAG US!

f continentalmaldon

@ continental.cafe

PANINIS

Served with a salad garnish and homemade coleslaw
Add fries 2.40 twisters 2.60 sweet potato fries 3.05

STREAKY BACON MELT 9.50

Bacon, English cheddar and tomatoes in sesame and nigella panini

MOROCCAN VEGETABLE MELT 9.95

Mixed roasted vegetables with mozzarella cheese, cheddar cheese in sesame and nigella panini (V)

BREAKFAST PANINI 9.80

Sausage, bacon, cheese and mushrooms in a sesame and nigella panini

GREEK PANINI 9.80

Green peppers, red onions with feta cheese, olives and tomatoes

TUNA MELT PANINI 9.80

With mayonnaise, fresh basil, mozzarella cheese, sun blushed tomatoes

CORONATION CHICKEN PANINI 9.70

SPANISH PANINI 9.80

Chicken, chorizo, mozzarella cheese and sun blushed tomatoes

CHEDDAR CHEESE PANINI 7.95

Choose up to two fillings:

Mushrooms +1.55

Tomatoes +1.10

Onions +1.10

Ham +1.10

Bacon +1.55

Sausage +1.55

BAGUETTES

Served with a salad garnish and homemade coleslaw
Add fries 2.40 twisters 2.60 sweet potato fries 3.05

HOG ROAST PORK BAGUETTE

with sage and onion stuffing and apple sauce 10.75

BARBECUE PULLED PORK BAGUETTE

with grated cheese 10.75

CHICKEN MAYO BAGUETTE 10.75

CAJUN CHICKEN BAGUETTE

with mayonnaise and crisp lettuce 10.75

Add Avocado to any baguette 2.20

SALADS

All salads are served with croutons

Add French bread to your salad 1.50

CONTINENTAL SALAD 14.45

Hot goats cheese, cold chicken and cold bacon, sun-blushed tomatoes, basil pesto, pine nuts

Add avocado 2.20

MOROCCAN VEGETABLE AND GOATS CHEESE SALAD finished with pesto and pine nuts (V) 13.45

CHICKEN AND BACON CAESAR SALAD with chopped romaine and iceberg lettuce tossed in caesar dressing, sprinkled with parmesan 14.45

AVOCADO SALAD with vine and sun-blushed tomatoes and basil (V) (VG) 12.45

PRAWN AND AVOCADO SALAD with marie rose sauce and a sprinkle of paprika 14.65

FLAKY SMOKED SALMON AND PRAWN SALAD with a lemon and dill mayo dressing 14.65

Add avocado 2.20

GREEK SALAD 12.45

Feta, olives, cucumber, tomatoes, green peppers and red onions tossed in balsamic and oregano dressing

Add tuna 2.90

CHEESE PLOUGHMAN'S (V) 13.10

A selection of cheeses, Mercers Yorkshire Chutney, salad, gherkins, pickled onions, homemade piccalilli and coleslaw served with freshly baked french bread

JACKET POTATOES

Served with a salad garnish (butter optional)

Plain jacket potato 5.95 Pot of butter 60p

Extra fillings 2.10 each

Choose from: Cheese / Coleslaw / Heinz beans

Chicken Caesar and streaky bacon 10.80

Finest locally sourced flaky smoked salmon and cream cheese 11.80

Chicken, streaky bacon, mayonnaise and sun blushed tomatoes 11.00

Finest fresh prawns and marie rose sauce with a sprinkle of paprika 11.70

Tuna mayonnaise and sweet corn 10.80

French brie, sun blushed tomatoes and pesto (V) 10.80

Moroccan vegetables and pine nuts (V) (VG) 10.90

HOT COFFEES

ESPRESSO 2.95

A strong double shot of coffee

MACCHIATO 3.10

Double espresso and foamed milk

CAPPUCCINO 3.15 / 3.70

A third of each; espresso, steamed milk, foamed milk

AMERICANO 3.10 / 3.50

Espresso topped with hot water, served with or without milk or add a small pot of pouring cream for 30p

BABYCHINO 1.30

CONTINENTAL 4.05

Double espresso, steamed milk, whipped cream and chopped nuts

Our coffees can be served decaffeinated for an extra 60p

CAFÉ AU LAIT (flat white)

3.15 / 3.70

Espresso and steamed milk, very french

CAFÉ LATTE 3.70

Espresso, steamed milk with a frothy cap

MOCHA 3.95

Espresso blended with Cadbury's hot chocolate and steamed milk

CAFETIÈRE A pot for one 3.95

Sumatra, a full bodied coffee from the beautiful island of Indonesia

Milk options: soya, coconut or oat for an extra 65p

Add syrup for 60p

Add whipped cream 30p

TEA FOR ONE

A POT OF ONE OF OUR FINEST CONTINENTAL LOOSE LEAF TEA 3.60

English breakfast / Earl grey / Peppermint / Assam

LUXURY SILK BAG TEA

Lemon and ginger / Honey roibos (redbush) / Super fruits / Chai / Green / Chamomile

CADBURY'S

JUST HOT CHOCOLATE 3.80

Simply Cadbury's hot chocolate

CLASSIC 3.95

With whipped cream and chocolate flake

AMERICAN DREAM 4.25

With whipped cream, chocolate flake and marshmallows

SOFT DRINKS

Coca Cola 330ml 3.65

Diet Coke, Coca Cola Zero or Sprite Zero 330ml 3.65

Add a flavour to your fizz (cherry or lime) 60p

Appletiser 3.65

San Pellegrino (orange, lemon or guest) 330ml 3.55

Fresh orange juice 4.05

Organic apple juice 4.05

Elderflower pressé 3.55

Rose lemonade 275ml 3.65

Mineral water (still or sparkling) regular 2.85 large 4.10

Tonic water / slimline 2.60

Children's drinks 1.50 (orange carton / apple carton / Fruit Shoot or milk)

ICED DRINKS

ICED LATTE 4.15

Single espresso poured over milk and ice, flavoured with vanilla syrup and topped with whipped cream

ICED MOCHA 4.15

Single espresso, milk and Cadbury's chocolate blended with ice and whipped cream topping

ICED COFFEE 4.10

Double espresso poured over milk and ice

ICED TEA - 6 FLAVOURS 3.50

ROSSI MILKSHAKES 4.85

Add cream 15p

Please ask for our separate menu which has over 10 flavour options!

WINE

PROSECCO, Incanto, Italy (VE)

Refined, elegant and refreshing, with a delicate bouquet of fruity notes of peach and green apple Mini bottle 8.95 Bottle 27.75

PINOT GRIGIO, Col Di Sotto, DOC Delle Venezie, Italy

Well-rounded in style with refreshing acidity. Dry, with pronounced apple and pear characteristics

175ml 7.20 250ml 9.40 Bottle 25.20

SAUVIGNON BLANC Paul Antonin, Vin de Pays, France (VE)

A zesty and expressive Sauvignon Blanc with refreshing citrus fruit flavours and a clean mineral finish

175ml 7.40 250ml 9.50 Bottle 24.95

ZINFANDEL, Feather Falls, California, United States (VE) (M) (E)

A medium sweet, rosé with a red berry and peach bouquet, a lovely watermelon and strawberry freshness and a creamy finish

175ml 7.20 250ml 9.40 Bottle 24.95

PINOT GRIGIO ROSATO, Col Di Sotto, DOC Delle Venezie, Italy (VE)

A crisp, elegant pale blush rosé with notes of summer red berries

175ml 7.20 250ml 9.40 Bottle 25.20

RIOJA, Cofrade, Bodegas Medievo, Spain (VE)

Well balanced red fruit flavours with notes of vanilla and spice. A beautiful, lightly oak-aged, velvety Rioja

175ml 7.60 250ml 9.70 Bottle 25.95

MERLOT, El Colo, Chile (VE)

Smooth, juicy and softly oak aged, with dark berry fruit flavours and hints of vanilla

175ml 7.20 250ml 9.30 Bottle 24.30

125ml measure available, please ask a member of staff for details

(M) Contains milk (E) Contains egg

(VE) Suitable for Vegans / Vegetarians

BEERS

PERONI Bottle 330ml 4.80

MAGNERS Bottle 568ml 6.20

REKORDERLIG Bottle 500ml 5.95

OLD SPECKLED HEN Bottle 500ml 5.80

BUDWEISER Bottle 300ml 4.80

DOOMBAR ALE Bottle 500ml 5.80

HEINEKEN 0.0% ABV Bottle 330ml 4.80

Continental
CAFÉ