

MENU

Continental

CAFÉ



FRESH COFFEE

ESPRESSO 2.90
A strong double shot of coffee

MACCHIATO 2.95
Double espresso and foamed milk

CAPPUCCINO 2.95 3.20
A third of each; espresso, steamed milk, foamed milk

AMERICANO 2.70 3.10
Espresso topped with hot water, served with or without milk or add a small pot of side cream for 0.10

BABYCHINO 1.30

CONTINENTAL 3.75
Double espresso, steamed milk, whipped cream & chopped nuts

CAFÉ AU LAIT (Flat white) 2.95 3.20
Espresso and steamed milk, very French

CAFÉ LATTÉ 3.20
Espresso, steamed milk with a frothy cap

MOCHA 3.45
Espresso blended with Cadbury's hot chocolate & steamed milk

Cafetière

A pot for one
Sumatra, a full bodied coffee from the beautiful island of Indonesia 3.25

Our coffees can be served decaffeinated for an extra 0.55

Change the milk to one of our non-dairy options: Soya, Coconut or Oat for an extra 0.65

Add a syrup flavouring or whipped cream for 0.60 or even a Cadburys Flake.

Red Wines

Merlot, Colo Gato, 2021 Chile (VE)
Smooth, juicy and softly oak-aged. Medium-bodied in style, with dark berry fruit flavours and hints of vanilla.
175ml 5.65 250ml 7.75 Bottle 21.50

Rioja Cofrade, 2021 Spain (VE)
Sofit attractive Rioja in a lovely modern fruit driven style.
175ml 5.95 250ml 8.10 Bottle 22.20
125ml measure available upon request.

Sparkling Wines

Prosecco Incanto, DOC, NV Italy (VE)
A premium quality, stylish Italian sparkler with light appley style fruit flavours. Bottle 26.10

Prosecco Borgo Molino, DOC, NV Italy (VE)
Rich and fragrant aromas, with flavours of green apples and citrus fruits. 200ml 8.10

Rosé Wines

Zinfandel Rosé, California, 2021 USA (VE)
Strawberry and floral aromas, with a mix of tropical fruit flavours.
175ml 5.95 250ml 8.10 Bottle 22.10

Pinot Blush Grigio, Col di Sotto, 2020/21 Italy (VE)
Easy drinking, dry, crisp and well balanced.
175ml 5.95 250ml 8.10 Bottle 22.10

(VE) is suitable for Vegans

White Wines

Pinot Grigio, Col di Sotto, 2020/2021 Italy (VE)
Easy drinking, dry, crisp and well balanced.
175ml 6.00 250ml 8.10 Bottle 22.30

Paul Antonia Sauvignon Blanc, 2020/21 France (VE)
Zesty and expressive with refreshing citrus fruit flavours and a clean finish.
175ml 6.00 250ml 8.10 Bottle 22.30

Beers & Spirits

PERONI
bottle 330ml 3.95

MAGNERS
bottle 500ml 4.95

REKORDERLIG
bottles 500ml. 4.95

OLD SPECKLED HEN
bottle 500ml 4.95

BUDWEISER
bottle 300ml 3.95

DOOMBAR ALE
bottle 500ml 4.95

HEINEKEN 0.0% ABV
bottle 330ml 3.95

Spirits from £3.90, 35ml serving

Smirnoff Vodka, Bombay Sapphire Gin,
Gordons Pink Gin, Tanqueray Gin, Bacardi,
Jack Daniels, Disaronno, Malibu, Southern
Comfort, Courvoisier, Bell's, Johnnie Walker

Cadburys Hot Chocolate

JUST CHOCOLATE 3.55
Simply Cadbury's hot chocolate

CLASSIC 3.80
With whipped cream and chocolate flakes

AMERICAN DREAM 3.95
With whipped cream, marshmallows and chocolate flakes

Teas a pot for one

OUR FINEST CONTINENTAL LOOSE LEAF TEA –

ENGLISH BREAKFAST TEA 3.15

EARL GREY 3.15

PEPPERMINT TEA 3.15

ASSAM TEA 3.15

FRUIT/HERB TEA 3.15
Teahouse Exclusives Lemon & Ginger, Honey Roibos (Redbush) served in luxury silk bags

CHAI TEA 3.15

GREEN TEA 3.15

CHAMOMILE TEA 3.15

Soft Drinks

Coca Cola, Diet Coke, Coca Cola Zero or Sprite 330ml glass bottle 3.10
Add a flavour to your fizz! Cherry or Lime 0.70

Appletiser 3.10

San Pellegrino 330ml 3.10
orange, lemon or guest flavour

Fresh orange juice 3.10

Organic apple juice 3.10

Elderflower Presse 3.20

Raspberry Presse 3.20

Mineral water reg. 2.45 lrg. 3.45
(still or sparkling)

Tonic Water / Slim 2.45

Children's drinks 1.20
(orange carton, apple carton, or milk)

Iced drinks

ICED COFFEE 3.65
Double espresso poured over milk & ice

ICED LATTE 3.85
Single espresso poured over milk & ice, flavoured with vanilla syrup & topped with whipped cream

ICED MOCHA 3.85
Single espresso, milk & chocolate blended with ice and whipped cream topping

ICED TEA 3.30 - 6 flavours

FRAPPE 4.25
Frappe with a choice of 40 flavours with whipped cream, please ask for a Menu.

Mixed Berry Smoothie 4.35

HOMEMADE ROSSI MILKSHAKES 3.95 Please Ask For A Menu

Made with whole milk in over 40 flavours served with or without whipped cream

Deluxe Rossi milkshake (Oreo, Nutella or Peanut butter) 4.95

THE DAILY

Breakfast

finishes at 11:30am

Locally sourced flaky smoked salmon & scrambled egg served with a choice of toast or croissant 10.60

The Big Breakfast 10.95
2 sausages, 2 rashers of bacon, tomato, scrambled eggs, sautéed mushrooms and 2 slice of toast

Regular Breakfast 9.80
1 sausage, 1 rasher of bacon, tomato, scrambled eggs, sautéed mushrooms and 1 slice of toast

Breakfast panini 7.95
sausage, bacon, cheese and mushrooms in a sesame and nigella panini

Bacon or Sausage sandwich 5.90
served on granary or white

Scrambled eggs and bacon 8.20
served with granary or white

American style pancake stack 6.95
served with maple syrup and crispy bacon or mixed berries

Smashed Avocado on toast with chilli flakes served on granary or white toast 6.60 V

Croissant filled with ham and cheese 5.20

Cherry tomatoes and mushrooms 7.95
served with granary or white toast

Belgian waffle with mixed berries & Greek yoghurt 7.40

Traditional French croissant 3.80
with butter & Tiptree preserve

Heinz baked beans on toast 6.95
served on granary or white toast

2 slices of thick white or granary toast 3.60
with a Tiptree preserve

Gluten free toast per slice 1.70

Tiptree preserve, marmite, nutella or peanut butter 1.00

Add beans, black pudding, hash brown or avocado to your breakfast
1.55/1.55/1.40/1.95

Vegetarian sausages are available. Sausages are gluten free & gluten free bread is available



Tag us on FB @continentalmaldon
Or on Instagram @continental.cafe

Please note some of our products contain fish and chicken. These products may contain small bones. All allergies must be clearly communicated to your server. A copy of our allergen list is available upon request. Our kitchen uses nuts and nut products.

(Please ask us for our NEW vegan menu if required)

PANINI

Served with salad & homemade coleslaw.

Add fries/twisters to your plate for 2.10 or sweet potatoes for 2.95

Streaky Bacon melt 8.65
bacon, English cheddar and tomatoes in sesame and nigella panini

Moroccan vegetable melt 9.30
Mixed roasted vegetables with mozzarella cheese, cheddar cheese in sesame and nigella panini V

Breakfast panini 9.10
sausage, bacon, cheese and mushrooms in sesame and nigella panini

Hog Roast Pork 9.10
with sage & onion stuffing and apple sauce

Tuna melt panini 8.95
with mayonnaise, fresh basil, mozzarella cheese, sun blushed tomatoes

Coronation chicken panini 8.95

Spanish panini 8.95
chicken, chorizo, mozzarella cheese and sun blushed tomatoes

Cheddar cheese panini 7.25
Choose up to three fillings

Mushrooms	+1.35
Tomatoes	+1.10
Onions	+1.10
Ham	+1.35
Bacon	+1.55
Sausage	+1.55

Salads



Add French bread to your salad 1.50

All salads are served with croutons

Continental salad 12.90
Hot goats cheese, cold chicken & cold bacon, sun blushed tomatoes, basil pesto, pine nuts and croutons Add avocado 1.95

Moroccan vegetable & goats cheese salad 12.90
finished with pesto & pine nuts V

Chicken Caesar 12.50
Caesar salad with chicken and mushrooms, with parmesan

Avocado salad 10.95
with vine & sunblushed tomatoes and basil V

Prawn and avocado salad 12.90
with marie rose sauce and a sprinkle of paprika

Flaky smoked salmon & prawn salad
with a lemon & dill mayo dressing 12.90
Add avocado 1.95

Tuna salad 10.20
finished with olives and sun blushed tomatoes

Cheese Ploughmans 10.95
Served with a selection of cheeses, also chef's special chutney, salad, gherkins & piccalilli, coleslaw served with freshly baked french bread V

Toasted Sandwiches

served with salad & homemade coleslaw

Add fries or twisters to your plate for 2.10 or sweet potatoes for 2.95

All toasted sandwiches are mixed thick white and granary bread - gluten free bread available

Honey roast ham with cheddar cheese, and vine tomato 8.50

Moroccan vegetable, brie & pesto V 8.60

Chicken with French brie, crispy bacon and cranberry sauce 8.95

Goats cheese with caramelised onion V 8.45

Mozzarella, tomatoes & pesto toastie V 8.60

Cumberland sausage with red onion & stilton £9.10

GRIND

THE BEST COFFEE IN TOWN

V = Suitable for vegetarians

JACKET POTATO

*Served with mixed salad
(let us know if you would like butter)*

Jacket potato 5.85

Extra fillings - 1.90 each
cheese, coleslaw or Heinz baked beans

Chicken Caesar and streaky bacon 9.95

Finest locally sourced flaky smoked
salmon and cream cheese 10.30

Chicken, streaky bacon, mayonnaise and sun
blushed tomatoes 9.95

Finest fresh prawns and marie rose sauce
with a sprinkle of paprika 10.20

Tuna mayonnaise and sweet corn 9.95

French brie with sun blushed
tomatoes and pesto V 9.85

Moroccan vegetables
and pine nuts V 9.95

Big pot of butter - 1.00

BAGUETTES

*Served with salad, homemade coleslaw
and a choice of fries or twisters*

*Sweet chilli pork baguette with crisp
lettuce, cucumber, red onions and
coriander 11.25*

*Barbecue pulled pork baguette with
homemade coleslaw 11.25*

Chicken mayo baguette 10.95

*Cajun chicken baguette with
mayonnaise and crisp lettuce 10.95*

Add Avocado to any baguette 1.95

Continental Bakery Cakes

By "Cakeface"

*A slice of heaven from our
very own bakery.*

All 4.95 per slice

**You can also take away
at 3.95 per slice**

Cakeface



Custom Made Cakes

*We also take custom made orders just order
by messaging us on Facebook
Continental Cafe*



**Served on thick cut white, granary or French
bread with salad, homemade coleslaw.**

Add fries / twisters to your plate for 2.10
or sweet potatoes for 2.95

Finest locally sourced flaky smoked salmon
with cream cheese and cucumber 9.95

Fresh prawns with homemade marie rose
sauce and iceberg lettuce 9.70
add avocado for 1.95

Free rang egg mayonnaise, cress and cherry
tomato 8.20 add crispy bacon V 1.60

French brie with tomato and fresh basil V 8.60

Super club, chicken, bacon, salad and
mayonnaise 9.40

Tuna mayonnaise and sweet corn 8.55

Chicken, streaky bacon, avocado, pesto,
and mayonnaise 9.50

Roasted chicken breast with cashew
nuts and mayonnaise 8.95

Chicken Caesar, streaky bacon with
iceberg lettuce 8.95

Roast chicken, sage and onion stuffing and
mayonnaise 8.95

Locally sourced smoked salmon & prawn
with mixed leaves and lemon & dill
mayonnaise 10.20

Ham or Cheese Salad 8.20

Tart Slice
or Brownie 4.45
Bars & Slices 3.95
Cheesecakes 5.20



"Flavours vary on a daily basis"

PASTRIES & DOUGHS

Fruit Scone and butter 3.65

Fruit Scone, Clotted Cream
& Jam 4.95

"Cakefaces's"

Famous Cheese Scones 3.95

Toasted Tea Cakes 2.95

All jams are Tiptree's Wilkinson's

Danishes, ask waitress for todays flavours

Belgian Waffles with Rossi Ice Cream
+ Maple Syrup 6.45

Extras

Bowl of fries 4.70

Bowl of twister fries 4.70

Bowl of sweet potato fries 5.45

Mixed salad 3.75

Marinated olives 3.75

French bread 1.50

Homemade coleslaw 2.80
Available to takeaway!

Add cheese to any fries for 1.60

Gluten Free Options

Carrot Cake 4.10

Elizabeth Cake 4.10

Chocolate Cake 4.10

Chocolate Vegan Cake 4.10