

Continental CAFÉ

Single Use Disposable Menus
Covid 19 aware.



THE DAILY



Breakfast



finishes at 11:30am

Flaky smoked salmon & scrambled egg 8.15
served with a choice of toast or croissant

Big breakfast 9.15
2 sausages, 2 rashers of bacon, tomato,
scrambled eggs, sautéed mushrooms
and 2 slices of toast

Small breakfast 7.15
1 sausage, 1 rasher of bacon, tomato,
scrambled eggs, sautéed mushrooms
and 1 slice of toast

Breakfast panini 6.15
sausage, bacon, cheese and mushrooms
in a sesame and nigella panini

Bacon or Sausage sandwich 4.55
served on granary or white

Scrambled eggs and bacon 6.55
served with granary or white

American style pancake stack 5.95
served with maple syrup and crispy bacon
or mixed berries

Avocado on toast 4.75
Served on granary or white toast V

Croissant filled with ham and cheese 4.15

Cherry tomatoes and mushrooms 6.15
served with granary or white toast

Belgian waffle 6.15
with mixed berries & Greek yoghurt

Traditional French croissant 2.55
with butter & Tiptree preserve

Heinz baked beans on toast 4.70
served on granary or white toast

2 slices of white or granary toast 2.80
with a Tiptree preserve

Gluten free toast per slice 1.20

Tiptree preserve, marmite, nutella
or peanut butter 0.85

Add beans, black pudding, hash brown
or avocado to your breakfast
1.20/1.20/1.05/1.25

*Vegetarian sausages are available. Sausages are
gluten free & gluten free bread is available*



At busy times wait times might
increase, please let us know if you
are in a rush

Please note some of our products may contain nuts
and fish products may contain small bones, please
inform us of any allergies. Any allergy's must be
clearly communicated to your server, a copy of our
allergy menu is available upon request

Tag us on FB @continentalmaldon

Or on Instagram @continental.cafe

Toasted Sandwiches



served with salad &
homemade coleslaw



Add fries or twisters to your plate for
1.35 or sweet potatoes for 2.35

All toasted sandwiches are mixed
white and granary bread - gluten free
option available

Honey roast ham with cheddar cheese,
vine tomato and English mustard 7.15

French brie with vine
tomato & basil v 6.95

Chicken with French brie, crispy bacon
and cranberry sauce 7.75

Goats cheese with
caramelised onion v 7.10

Roasted vegetable, brie & pesto v 7.25

Mozzarella, tomatoes
& pesto toastie v 7.10

Salads



Add French bread to your salad 1.05

All salads are served with crutons

Continental salad 10.25
goats cheese, chicken, bacon, sun blushed
tomatoes, basil pesto, pine nuts and croutons
Add avocado 1.35

**Mediterranean vegetable
& goats cheese salad** 9.25
finished with pesto & pine nuts V

Chicken Caesar 9.55
Caesar salad with chicken & sautéed mushrooms

Avocado salad 8.25
with vine & sunblushed tomatoes and basil V

Prawn and avocado salad 9.55

**Flaky smoked salmon
& prawn salad** 10.40
with a lemon & dill dressing
Add avocado 1.35

Tuna salad 8.25
finished with olives and sun blushed tomatoes

Mixed Ploughmans 9.70
Served with selection of cheeses, also chef's
special chutney, salad, gherkins & piccalilli,
served with freshly baked french bread V

PANINI

Served with salad & homemade coleslaw.

Add fries/twisters to your plate for 1.45 or sweet
potatoes for 2.45

Bacon melt 7.75
bacon, English cheddar and tomatoes
in sesame and nigella panini

Roasted vegetable melt 7.75
Mixed roasted vegetables with mozzarella
cheese, cheddar cheese in sesame
and nigella panini V

Breakfast panini 7.75
sausage, bacon, cheese and mushrooms in
sesame and nigella panini

Roast chicken 7.75
with sage & onion stuffing and cranberry sauce

**Cheddar cheese and sautéed
mushroom V** 6.95

Tuna melt panini 7.65
with mayonnaise, fresh basil, mozzarella cheese,
sun blushed tomatoes and cheddar cheese

Coronation chicken panini 7.75

Cheddar cheese & ham panini 7.20

Spanish panini 7.75
chicken, chorizo, mozzarella cheese
and sun blushed tomatoes

The NEW Toaster Crane!

\$5
Complete!
(Canadian Price \$6.75)



A Sparkling Super
Toaster That Makes
Wonderful Toast!

GRIND

THE BEST COFFEE IN TOWN

V = Suitable for vegetarians

JACKET POTATO

Served with mixed salad

Just lots of Anchor butter V 5.95

Extra fillings - from 6.15
cheese, coleslaw or baked beans

Chicken Caesar and crispy bacon 7.65

Finest flaky smoked salmon 8.40
and cream cheese

Chicken, bacon, mayonnaise and sun
blushed tomatoes 7.55

Prawns and island dressing 7.90

Tuna mayonnaise and sweet corn 7.05

French brie with sun blushed 7.05
tomatoes and pesto V

Roasted vegetables and pine nuts V 7.25

CHICKEN BAGUETTES

*Served with salad, homemade coleslaw
and a choice of fries or twisters*

Chicken baguette with mayonnaise 9.15

Chilli chicken baguette cooked in sweet
chilli sauce 9.15

Barbecue chicken baguette with our
hickory barbecue sauce 9.15

Cajun chicken baguette with
mayonnaise and crisp lettuce 9.15
add avocado 1.25

SIGNATURE CAKE'S

By "Cakeface"

All our cakes are homemade using the best
quality ingredients exclusively for you.

Varieties of the cake's do
change on a daily basis.

Come and try our scrumptious cake's.
We have a lovely cake display by the bar.

All 3.85 per slice

**You can also take away
at 2.95 per slice**

Cakeface



Custom Made Cakes

We also take custom made orders just order
by messaging us on Facebook
Continental Cafe

Look out for our specials!



Served on thick cut white, granary or French
bread with salad and homemade coleslaw.

Add fries / twisters to your plate for 1.55
or sweet potatoes for 2.45

Flaky smoked salmon with cream cheese
and cucumber 7.90

Prawn with homemade seafood sauce
& iceberg lettuce 7.55
add avocado for 1.35

Egg mayonnaise, cress and cherry tomato
7.25 add crispy bacon V 1.30

French brie with tomato and fresh basil V 6.80

Super club: chicken, bacon, salad
and mayonnaise 7.25

Tuna mayonnaise and sweet corn 7.05

Chicken, bacon and avocado with a pesto
mayonnaise 7.65

Roasted chicken breast with cashew
nuts and mayonnaise 7.25

Chicken Caesar, crispy bacon with iceberg
lettuce 7.25

Roast chicken, sage and onion stuffing and
mayonnaise 7.25

Flaky smoked salmon & prawn with mixed
leaves and lemon & dill mayonnaise 8.25

Ham and Cheese Salad 7.05

Extra sides

Bowl of fries 3.20

Bowl of twister fries 3.20

Bowl of sweet potato fries 3.95

Add cheese to any fries for 1.10

Mixed salad 3.15

Marinated olives 3.15

French bread 0.95

Homemade coleslaw 1.95
Available to takeaway!

CAKEFACE

Bar's & Slices 2.95

Cheese Cakes 3.85

Tarts & Tartlets 2.95



"Flavours vary on a daily bases"

PASTRIES & DOUGH'S

Fruit Scones 2.75

Fruit Scones, Clotted Cream
& Jam 3.45

"Cakefaces's"

Famous Cheese Scones 2.80
Toasted Tea Cake's 2.15

All jams are Tiptree's Wilkinson's

Danishes, ask waitress for todays flavours
Belgian Waffles with Rossi Ice Cream
+ Maple Syrup 5.15

Gluten Free Options

Elizabeth Cake 2.95

Chocolate Cake 2.95

New Vegan Cake 2.95

FRESH COFFEE

ESPRESSO 2.40

A strong double shot of coffee

MACCHIATO 2.55

Double espresso and foamed milk

CAPPUCCINO 2.55 2.80

A third of each; espresso, steamed milk, foamed milk

AMERICANO 2.20 2.50

Espresso topped with hot water, served with or without milk

BABYCHINO 1.10

CONTINENTAL 3.35

Double espresso, steamed milk, whipped cream & chopped nuts

CAFÉ AU LAIT (Flat white) 2.55 2.80

Espresso and steamed milk, very French

CAFÉ LATTE 2.70

Espresso, steamed milk with a frothy cap

MOCHA 2.90

Espresso blended with Cadbury's hot chocolate & steamed milk

Cafetière A pot for one

Sumatra, a full bodied coffee from the beautiful island of Indonesia 2.70

Our coffees can be served decaffeinated for an extra 0.40

Change the milk to one of our non-dairy options: Soya, Almond or Oat for an extra 0.45

Add a syrup flavouring or whipped cream for 0.45

Red Wines

Merlot, Colo Colo, Chile (VE)

Smooth, juicy and softly oak-aged. Medium-bodied in style, with dark berry fruit flavours and hints of vanilla.

175ml 4.75 250ml 6.75 Bottle 19.50
Rioja Cofrade, Solmareno, 2015/16

Spain (VE)

Soft attractive Rioja in a lovely modern fruit driven style.

175ml 4.95 250ml 6.95 Bottle 19.95
125ml measure available upon request.

Rioja, Cofrade, Spain (VE)

A beautiful, rich and velvety Rioja with just a touch of oak. Well balanced red fruit flavours, with notes of vanilla and spice.

175ml 4.95 250ml 6.95 Bottle 19.95

Sparkling Wines

Prosecco Incanto, DOC, NV Italy (VE)

A premium quality, stylish Italian sparkler with light apple style fruit flavours. **Bottle 24.50**

Prosecco Borgo Molino, DOC, NV Italy (VE)

Rich and fragrant aromas, with flavours of green apples and citrus fruits. **200ml 7.40**

Rosé Wines

Syrah Rosé, Comte Paul Antonin, 2016/17

France (VE)

An attractive Syrah blush with light summer berry fruit flavours.

175ml 4.95 250ml 6.95 Bottle 19.95
Zinfandel Rosé, Feather Falls, 2016/17

USA (VE)

Wonderful aromas of fresh strawberries and soft red fruits.

175ml 4.95 250ml 6.95 Bottle 19.95
Pinot Blush Grigio, Col di Sotto, 2017/18

Italy (VE)

Easy drinking, dry, crisp and well balanced.

175ml 4.95 250ml 6.95 Bottle 19.80
(VE) is suitable for Vegans

White Wines

Pinot Grigio, Col di Sotto, 2017/18

Italy (VE)

Easy drinking, dry, crisp and well balanced.

175ml 5.05 250ml 7.05 Bottle 19.80

Sauvignon Blanc, Terres Fume, 2018

France (VE)

A stunning wine with flavours and aromas of tropical fruit and gooseberry.

175ml 5.60 250ml 7.60 Bottle 21.95

Beers & Spirits

PERONI

bottle 330ml 3.70

MAGNERS

bottle 500ml 4.35

REKORDERLIG

bottles 500ml. 4.60

OLD SPECKLED HEN

bottle 500ml 4.45

BUDWEISER

bottle 300ml 3.70

DOOMBAR ALE

bottle 500ml 4.55

Spirits from £3.80, 35ml serving

Smirnoff Vodka, Bombay Sapphire Gin, Bacardi, Jack Daniels, Disaronno, Amaretto, Malibu, Southern Comfort, Courvoisier, Bell's

HOMEMADE ROSSI MILKSHAKES 3.40

Made with whole milk in over 40 flavours served with or without whipped cream

Deluxe Rossi milkshake (Oreo, Nutella or Peanut butter) 4.10

Hot Chocolate

JUST CHOCOLATE 2.85

Simply Cadbury's hot chocolate

CLASSIC 3.25

With whipped cream and chocolate flakes

AMERICAN 3.45

With whipped cream, marshmallows and chocolate flakes

Teas a pot for one

CONTINENTAL LOOSE LEAF TEA – AVAILABLE TO ENJOY AT HOME!

ENGLISH BREAKFAST TEA 2.45

EARL GREY 2.45

PEPPERMINT TEA 2.45

ASSAM TEA 2.45

FRUIT/HERB TEA 2.45

Teahouse Exclusives Lemon, Ginger, Honey Roibos (Redbush) served in luxury silk bags

CHAI TEA 2.45

GREEN TEA 2.45

CHAMOMILE TEA 2.45

Soft Drinks

Coca Cola, Diet Coke, Coca Cola Zero or Sprite 330ml glass bottle 2.85

Add a flavour to your fizz! Cherry or Lime 0.45

Appletiser 2.70

San Pellegrino 330ml 2.70

orange, lemon or guest flavour

Fresh orange juice 2.80

Organic apple juice 2.80

Elderflower Presse 2.85

Raspberry Presse 2.85

Mineral water reg. 2.05 Irg. 3.05

(still or sparkling)

Tonic Water / Slim 2.05

Children's drinks 1.10

(orange carton, apple carton, or milk)

Iced drinks

ICED COFFEE 2.95

Double espresso & milk blended with ice

ICED LATTE 3.40

Single espresso, milk, vanilla syrup blended with ice and topped with whipped cream

ICED MOCHA 3.40

Single espresso, milk & chocolate blended with ice and whipped cream topping

ICED TEA 2.95

FRAPPE 3.35

Over 40 flavours

Mixed Berry Smoothie 3.95